

# FOLLOW-ON FORMULA

## PRODUCT SPECIFICATION



### Product description

This product is TRUVITA Follow-on Formula developed to meet the nutritional requirement of infants aged 6–12 months. This product is formulated with minerals, vitamins and other essential nutrients that support infant's growth and development

Complies with GB10767 (National food safety standard, Older Infants and Young Children Formula) and GB 14880 (National food safety standard, Standard for using of nutritional fortification substances in foods)

Claimable country of origin: Made in New Zealand

Product Classification: Follow-on Formula

### Appearance

Pale yellow powder, No different flavour and taste.

### Ingredients

Lactose, Skim Milk, Vegetable Oils, Whey Powder, **Minerals** (Calcium Carbonate, Magnesium Chloride, Calcium Phosphate Dibasic, Sodium Chloride, Potassium Phosphate Dibasic, Potassium Chloride, Ferrous Sulphate, Zinc Sulphate, Copper Sulphate, Manganese Sulphate, Potassium Iodide, Sodium Selenite), Galacto-Oligosaccharides (GOS), Arachidonic Acid (AA, from *Mortierella alpina*) Powder, Docosahexaenoic Acid (DHA, from *Schizochytrium* sp.) Powder, **Vitamins** (L-Ascorbic Acid (Vitamin C), dl- $\alpha$ -Tocopherol Acetate (Vitamin E), Vitamin A Acetate, Cholecalciferol (Vitamin D<sub>3</sub>), Niacinamide, Phytonadione (Vitamin K<sub>1</sub>), Thiamine Hydrochloride (Vitamin B<sub>1</sub>), Calcium Pantothenate (Vitamin B<sub>5</sub>), Pyridoxine Hydrochloride (Vitamin B<sub>6</sub>), Folic Acid, Cyanocobalamin (Vitamin B<sub>12</sub>), D-Biotin, Riboflavin (Vitamin B<sub>2</sub>),  $\beta$ -Carotene), Lactoferrin, Choline Chloride, Taurine, L-Carnitine, **Nucleotides** (Cytidine 5'-Monophosphate (5'-CMP), Uridine 5'-Monophosphate Disodium (5'-UMP), Adenosine 5'-Monophosphate (5'-AMP), Guanosine 5'-Monophosphate Disodium (5'-GMP), Inosine 5'-Monophosphate Disodium (5'-IMP)), Inositol.

### Nutrition Information

Nutrient composition	Unit	Average Quantity per		
		100 g	100 mL	100 kJ
Energy	kJ	2010	271	100
Protein	g	18	2.4	0.90
Lactoferrin	mg	90	12	4.5
Fat	g	22	3.0	1.1
Linoleic Acid	mg	4070	549	202
$\alpha$ -Linolenic Acid	mg	346	47	17
AA	mg	40	5.4	2.0
DHA	mg	20	2.7	1.0
Carbohydrate	g	52	7.0	2.6
Lactose	g	52	7.0	2.6
GOS	mg	500	68	25
Vitamins				
Vitamin A	$\mu$ g	554	75	28
Vitamin B <sub>1</sub>	$\mu$ g	597	81	30
Vitamin B <sub>2</sub>	$\mu$ g	954	129	47
Niacin	$\mu$ g	3590	485	179
Pantothenic Acid	$\mu$ g	3040	410	151
Vitamin B <sub>6</sub>	$\mu$ g	346	47	17
Vitamin B <sub>12</sub>	$\mu$ g	2.6	0.35	0.13
Vitamin C	mg	108	15	5.4
Vitamin D <sub>3</sub>	$\mu$ g	8.0	1.1	0.40
Vitamin E	mg	12	1.6	0.60
Vitamin K <sub>1</sub>	$\mu$ g	49	6.6	2.4
Folic Acid	$\mu$ g	81	11	4.0
Biotin	$\mu$ g	33	4.4	1.6

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Nutrient composition	Unit	Average Quantity per		
		100g	100 mL	100 kJ
<b>Minerals</b>				
Calcium	mg	561	76	28
Chloride	mg	534	72	27
Copper	µg	281	38	14
Iodine	µg	115	16	5.7
Iron	mg	7.0	0.94	0.35
Magnesium	mg	53	7.2	2.6
Manganese	µg	237	32	12
Phosphorus	mg	400	54	20
Potassium	mg	609	82	30
Selenium	µg	18	2.4	0.90
Sodium	mg	168	23	8.4
Zinc	mg	3.4	0.46	0.17
Nucleotides	mg	21.7	2.93	1.08
<b>Others</b>				
L-Carnitine	mg	13	1.8	0.65
Choline	mg	90	12	4.5
Inositol	mg	30	4.0	1.5
Taurine	mg	30	4.0	1.5

### Direction for Use (How to Prepare)

- 1) Wash your hands thoroughly with soap and clean warm water before preparing the formula.
- 2) Boil in clean water for 5 minutes – the milk bottles, teat, cap and any utensils or containers required.
- 3) Boil clean drinking water for 5 minutes, and cool until it is lukewarm.
- 4) Pour the exact amount of lukewarm water into the milk bottle as detailed in the 'Feeding Guide'
- 5) Use only the enclosed scoop, fill it with the levelled and measured amount of milk powder. Add to the water.
- 6) Shake the mixture well and test the temperature of the milk with a few drops on the inside of your wrist before feeding. Make sure prepared formula is warm, not hot. Discard any formula left after a feed.
- 7) If multiple bottles of formula are prepared, each bottle should be prepared separately. Bottles must be refrigerated and consumed within 24 hours. Prepared formula left over after this time must be discarded.
- 8) To prevent scalding or burning do not microwave this products.

### Feeding Guide

Infant's age	Cooled boiled water (mL)	Level scoops of formula*	Feeds per Day
6 – 12 months	200	5	4
From 12 months	200	5	2 – 3

\* 1 level scoop = 6.2 g

Note: 13.5 g powder added to 87 mL yields approximately 100 mL.

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### Important Notice

Breast milk is best for babies. Before you decide to use this product, consult your doctor or health worker for advice.

This product is not suitable for infants under 6 months, but may be used for infants aged from 6 to 12 months when mothers breast milk is insufficient or unavailable. Infants older than 6 months should be given solid food daily along with TRUVITA Follow-on Formula. For correct feeding of your infant, follow the instruction of infant and child nutritionists, or refer to the feeding guide to match formula intake with your infant's appetite.

### Warning

Follow instructions exactly. Prepare bottles and teats as directed. Do not change proportions of powder except on medical advice. Incorrect preparation can make your baby very ill.

### Storage and Shelf Life

Store TRUVITA Follow-on Formula at room temperature in dry conditions. Product can be kept for 2 years in room temperature when it is not opened. After opening, seal the lid well to maintain freshness. Consume this product within 4 weeks after opening. For use by date, date of manufacture, batch number, and manufacturing facility, refer to the can base.