

GROW-UP FORMULA

PRODUCT SPECIFICATION



Product description

This product is TRUVITA Grow-Up Formula developed to meet the nutritional requirement of toddlers aged from 12 months. This product is formulated with minerals and vitamins that support toddler's growth and development

Complies with GB10767 (National food safety standard, Older Infants and Young Children Formula) and GB 14880 (National food safety standard, Standard for using of nutritional fortification substances in foods)

Claimable country of origin: Made in New Zealand

Product Classification: Grow-Up Formula

Appearance

Pale yellow powder, No different flavour and taste.

Ingredients

Skim Milk, Lactose, Vegetable Oils, Whey Powder, Galacto-Oligosaccharides (GOS), **Minerals** (Calcium Carbonate, Potassium Phosphate Dibasic, Calcium Phosphate Dibasic, Potassium Chloride, Magnesium Chloride, Ferrous Sulphate, Zinc Sulphate, Copper Sulphate, Manganese Sulphate, Potassium Iodide, Sodium Selenite), Arachidonic Acid (ARA, from *Mortierella alpina*) Powder, Docosahexaenoic Acid (DHA, from *Schizochytrium* sp.) Powder, **Vitamins** (L-Ascorbic Acid (Vitamin C), dl- α -Tocopherol Acetate (Vitamin E), Vitamin A Acetate, Cholecalciferol (Vitamin D₃), Niacinamide, Calcium Pantothenate (Vitamin B₅), Cyanocobalamin (Vitamin B₁₂), Phytonadione (Vitamin K₁), Thiamine Hydrochloride (Vitamin B₁), Pyridoxine Hydrochloride (Vitamin B₆), Folic Acid, D-Biotin, Riboflavin (Vitamin B₂), β -Carotene), Lactoferrin, Choline Chloride, Taurine, L-Carnitine, Inositol.

Nutrition Information

Nutrient composition	Unit	Average Quantity per		
		100 g	100 mL	100 kJ
Energy	kJ	1980	267	100
Protein	g	20	2.7	1.0
Lactoferrin	mg	90	12	4.5

Nutrient composition	Unit	Average Quantity per		
		100 g	100 mL	100 kJ
Fat	g	20	2.7	1.0
Linoleic Acid	mg	3780	510	191
α -Linolenic Acid	mg	322	43	16
ARA	mg	40	5.4	2.0
DHA	mg	20	2.7	1.0
Carbohydrate	g	52	7.0	2.6
Lactose	g	52	7.0	2.6
GOS	mg	500	68	25
Vitamins				
Vitamin A	μ g	447	60	22
Vitamin B ₁	μ g	463	62	23
Vitamin B ₂	μ g	887	120	45
Niacin	μ g	3400	459	172
Pantothenic Acid	μ g	2850	385	144
Vitamin B ₆	μ g	361	49	18
Vitamin B ₁₂	μ g	3.1	0.42	0.16
Vitamin C	mg	93	12	4.7
Vitamin D ₃	μ g	6.2	0.84	0.31
Vitamin E	mg	9.7	1.3	0.49
Vitamin K ₁	μ g	49	6.6	2.5
Folic Acid	μ g	60	8.1	3.0
Biotin	μ g	31	4.2	1.6
Minerals				
Calcium	mg	538	73	27
Chloride	mg	515	70	26
Copper	μ g	222	30	11
Iodine	μ g	100	14	5.0
Iron	mg	6.5	0.88	0.33
Magnesium	mg	46	6.2	2.3
Manganese	μ g	219	30	11

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		100 g	100 mL	100 kJ
Phosphorus	mg	358	48	18
Potassium	mg	791	107	40
Selenium	µg	20	2.7	1.0
Sodium	mg	164	22	8.3
Zinc	mg	3.1	0.42	0.16
Others				
L-Carnitine	mg	8.8	1.2	0.44
Choline	mg	88	12	4.4
Inositol	mg	30	4.0	1.5
Taurine	mg	31	4.2	1.6

Direction for Use (How to Prepare)

- 1) Wash your hands thoroughly with soap and clean warm water before preparing the formula.
- 2) Boil in clean water for 5 minutes – the milk bottles, teat, cap and any utensils or containers required.
- 3) Boil clean drinking water for 5 minutes, and cool until it is lukewarm.
- 4) Pour the exact amount of lukewarm water into the milk bottle as detailed in the 'Feeding Guide'
- 5) Use only the enclosed scoop, fill it with the levelled and measured amount of milk powder. Add to the water.
- 6) Shake the mixture well and test the temperature of the milk with a few drops on the inside of your wrist before feeding. Make sure prepared formula is warm, not hot. Discard any formula left after a feed.
- 7) If multiple bottles of formula are prepared, each bottle should be prepared separately. Bottles must be refrigerated and consumed within 24 hours. Prepared formula left over after this time must be discarded.
- 8) To prevent scalding or burning do not microwave this products.

Feeding Guide

Child's age	Cooled boiled water (mL)	Level scoops of formula*	Feeds per Day
1 – 3 years	200	5	2 – 3

* 1 level scoop = 10 g

Note: 3 scoops plus 200 mL of water yields approximately 225 mL.

Important Notice

The TRUVITA Grow-up Toddler Supplement is a formulated supplementary food for young children aged 1 to 3 years. The nutritional and tasting milk drink is designed to supplement the dietary intake of active toddlers when their diet may be inadequate or require additional energy and nutrients.

The TRUVITA Grow-up Toddler Supplement may be taken as a drink, blended with fruit, or added to toddler cereals, or baking in place of regular cow's milk. It will provide extra vitamins, minerals, and protein which are especially important for growing children.

Warning

Follow instructions exactly. Prepare bottles and teats as directed. Do not change proportions of powder except on medical advice. Incorrect preparation can make your baby very ill.

Storage and Shelf Life

Store the TRUVITA Grow-up Toddler Supplement at room temperature in dry conditions. Product can be kept for 2 years in room temperature when it is not opened. After opening, seal the lid well to maintain freshness. Consume this product within 4 weeks after opening. For use by date, date of manufacture, batch number, and manufacturing facility, refer to the can base. Do not use if foil seal is missing or damaged.